

Shooter's Name _____

Basketball Set Shot

Challenge Coach's Name _____

Watch 2 shots and give encouraging, helpful and specific feedback. Put an X in the box if they showed that part of the skill.



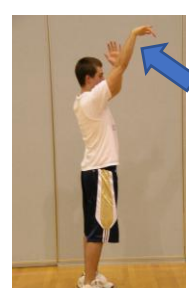
B-bend knees & balance



E-elbow
make a box
elbow points to knee



E-eye on the target



F-follow through

Shot 1

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☐
☐

Shot 2

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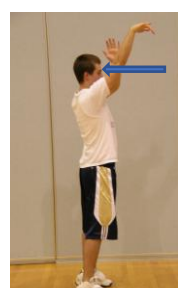
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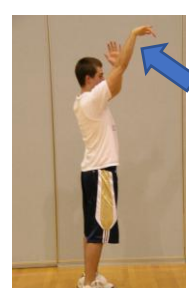
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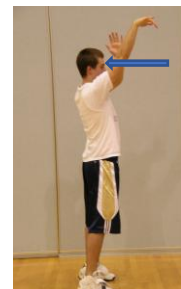
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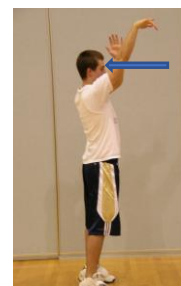
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