

Modified Elementary TPSR Levels

Why Level 1 RESPECT

I will be able to help everyone
and myself be safe and learn.

RESPECT

Rules-Be honest, play fair & follow the rules
Equipment-Take care of it, use it correctly & safely
Self-Be active, safe & responsible, challenge self
People-Be a friend, share & take turns
Every-No matter their ability, what they own or look like
Child-Don't go wild, keep others safe
Teacher-Listen & follow directions

Based on
Teaching Responsibility Through Physical Activity
by D. Hellison (2003)
&
Teaching Children Responsible Behavior A Complete
Toolkit by S. Hagenbach (2011)

Why Level 2 Challenge

I will be able to learn & grow and
improve my skills.

Challenge

Challenge!

- If the task is easy, make it harder.
- The challenge should be safe & not interfere with others.
- The challenge can be done with practice not luck!

Practice with a purpose!

- Stay on task.
- Think about proper form.
- Learn from your mistakes
- Know what you want to accomplish, have a goal.

Persevere!

- Don't give up if it is difficult.

Challenge yourself
to be the best you
can be!

Works productively
with others as a
challenge coach!

Shows respect to
ALL!

Why Level 3 Teamwork

I will be able to work respectfully
& successfully with a variety of
people and make friends.

Teamwork

Teamwork is
helping others solve
problems
or meet challenges.

- Use encouraging words & actions
- Compromises
- Shares ideas to make a plan
- Include everyone!